

OVERVIEW

Nebraska Extension's "Co-Parenting for Successful Kids" is a research-based education class designed to help separating and divorcing parents cope with divorce and custody.

The class is offered on-site at 10 locations in Nebraska, and online.

Parents learn to answer the children's questions and keep their children safe and out of their conflict. "Co-Parenting for Successful Kids" strengthens communication skills that can improve interactions with children and the other parent. The goal of the class is to develop respectful, responsive and responsible co-parenting.

For More Information or Additional Brochures:
Co-Parenting for Successful Kids
Nebraska Extension - SREC
1071 County Rd. G, Ithaca, NE 68033
855-308-8037 (toll-free)
parenting@unl.edu
Gail Brand, Statewide Coordinator

Additional Resources at extension.unl.edu/divorce

- Nebraska Resources: Legal, Support Services and Domestic Violence
- Website and Book List For Parents Experiencing Divorce/and or Custody Issues
- Nebraska Extension's "Supporting Stepfamilies Workbook with Lessons and Activities for Parents and Children"

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture.

Nebraska Extension's educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture.

ONLINE CLASSES

go.unl.edu/coparenting



The online class includes video instruction, interactive pages and chapter reviews.

Participants need:

- internet-ready computer
 - register with a major credit card
- Cost is \$50. *Reduced fees are available for income-eligible participants — application at extension.unl.edu/divorce or call to request.*

Parents may take the class in one approximately three hour setting or break it up into segments that meet individual scheduling need. They have 30 days to complete the course.

Online participants may also participate in an on-site class at no additional charge if additional instruction is needed.

After completing the chapter checks and evaluations, the official Nebraska Certificate of Completion of Parenting Education Course is emailed within five working days.



Online class includes:

- Responses to your questions related to your unique situation via email from Extension staff. Many say this is a unique and valuable part of this class.
- Video instruction with strategies for developing child-centered co-parenting plan from a Nebraska family law attorney.
- Video instruction of how to minimize stress for children by keeping them out of the middle of the adult conflict.
- Downloadable practical resources.



Co-parenting for Successful Kids

ONLINE CLASSES
go.unl.edu/coparenting

ON-SITE CLASSES
extension.unl.edu/divorce

2015



Approved by the Nebraska Supreme Court as a Basic (Level One) Parenting Class mandated for parents experiencing separation, custody and divorce.

Parent Education Approval granted by: Neb. Rev. Stat. §43-2920, et seq. Supreme Court of Nebraska (2008)

EXTENSION

Nebraska
UNIVERSITY OF
Lincoln

ON-SITE CLASSES — 2015



extension.unl.edu/divorce



On-site classes are available at 10 locations across Nebraska. Classes include educational presentation, videos and handouts. Parents gain positive educational experiences by being in a classroom with others in similar transitions. Parents say they appreciate learning strategies which have worked for their classmates.

Cost is \$50. *Reduced fees are available for income-eligible participants — application at extension.unl.edu/divorce or call to request.*

It is recommended parents of the same child/children take **different** classes.

Spanish interpreters are available upon advance request in Columbus, Grand Island and Norfolk.

Please register at least 5 days in advance by calling/emailing the contact for your location OR mail the registration form at right with payment.

If class is cancelled due to low enrollment, participants will be notified and may participate online or at a different location.

BROKEN BOW
Class: United Methodist Church, 1000 S. 3rd Ave.
Mail registration: Central Plains Center for Services, 908 S. E St., Broken Bow, NE 68822

Michele Taylor • 308-872-6176 • mtaylor@central-plains.org

Tue., Jan. 27, 2–6pm	Tue., July 28, 2–6pm
Tue., Mar. 31, 2–6pm	Tue., Sep. 29, 2–6pm
Tue., May 26, 2–6pm	Tue., Nov. 24, 2–6pm

COLUMBUS
Platte County Extension, 2610 14th St., Columbus, NE 68601

Maxine Wessel • 402-563-4901 • mwessel2@unl.edu

Thu., Jan. 8, 1–4:30pm	Thu., Aug. 20, 1–4:30pm
Thu., Feb. 12, 1–4:30pm	Thu., Sep. 10, 1–4:30pm
Thu., Mar. 12, 1–4:30pm	Thu., Oct. 15, 1–4:30pm
Thu., April 9, 1–4:30pm	Thu., Nov. 19, 1–4:30pm
Thu., May 14, 1–4:30pm	Thu., Dec. 17, 1–4:30pm
Thu., June 11, 1–4:30pm	

CULBERTSON

Nancy Frecks • 800-237-5564 • nfrecks1@unl.edu

Classes by appointment

GRAND ISLAND
Hall County Extension, 3180 W. Hwy 34, Grand Island, NE 68801

Barb Hovie • 308-385-5088 • bhovie2@unl.edu

Tue., Jan. 13, 1–4:30pm	Tue., July 14, 1–4:30pm
Tue., Feb. 10, 1–4:30pm	Tue., Aug. 11, 1–4:30pm
Tue., Mar. 10, 1–4:30pm	Tue., Sep. 8, 1–4:30pm
Tue., April 14, 1–4:30pm	Tue., Oct. 6, 1–4:30pm
Tue., May 5, 1–4:30pm	Tue., Nov. 3, 1–4:30pm
Tue., June 2, 1–4:30pm	Tue., Dec. 8, 1–4:30pm

HOLDREGE
Phelps County Ag Center, 1308 2nd St., Holdrege, NE 68949

Linda Dannehl • 308-995-4222 • ldannehl2@unl.edu

Tue., Jan. 13, 4–8pm	Tue., July 14, 4–8pm
Tue., Mar. 10, 4–8pm	Tue., Sep. 15, 4–8pm
Tue., May 12, 4–8pm	Mon., Nov. 9, 4–8pm

KEARNEY
Buffalo County Extension, 1400 E. 34th St., Kearney, NE 68847

Carol Schwarz • 308-236-1235 • cschwarz1@unl.edu

Thu., Jan. 8, 1–4:30pm	Sat., July 11, 9am–1pm
Sat., Mar. 14, 9am–1pm	Thu., Sep. 10, 1–4:30pm
Thu., May 14, 1–4:30pm	Sat., Nov. 7, 9am–1pm

LINCOLN
Lancaster Extension Education Center, Suite A, 444 Cherrycreek Rd., Lincoln, NE 68528

To register: receptionist at 402-441-7180 • lancaster@unl.edu

If questions: Maureen Burson at 402-441-7180

Thu., Jan. 8, 9:30am–1pm	Thu., Aug. 13, 12:30–4pm
Thu., Mar. 12, 12:30–4pm	Thu., Sep. 10, 9:30am–1pm
Thu., Apr. 16, 9:30am–1pm	Thu., Oct. 8, 12:30–4pm
Thu., May 14, 12:30–4pm	Thu., Dec. 3, 9:30am–1pm
Thu., Jun. 25, 9:30am–1pm	

MULLEN
Class: Extension Meeting Room, Hooker County Courthouse, 303 NW 1st St., Mullen

Mail registration: CSA Extension, P.O. Box 148, Thedford, NE 69166

Susan Pearman • 308-645-2267 • spearman2@unl.edu

Thu., Feb. 12, 12–3:30pm	Thu., Sep. 10, 12–3:30pm
Thu. May 14, 12–3:30pm	Thu., Nov. 19, 12–3:30pm

NORFOLK
Class: Lifelong Learning Center, 601 E. Benjamin Ave., Norfolk

Mail registration: Knox County Extension, P.O. Box 45, Center, NE 68724

Ruth Vonderohe • 402-288-5611 • rvonderohe2@unl.edu

Mon., Jan. 12, 1–4pm	Mon., July 13, 1–4pm
Mon., Mar. 2, 1–4pm	Mon., Sep. 14, 1–4pm
Mon., May 4, 1–4pm	Mon., Nov. 2, 1–4pm

NORTH PLATTE

Vicki Lawton • 308-532-0083 • lawtonvicki@gmail.com

Classes by appointment

SCOTTSBLUFF
Scotts Bluff County Extension, 4502 Ave. I, Scottsbluff, NE 69361

Jackie Guzman • 308-632-1480 • jguzman2@unl.edu

Thu., Jan. 8, 12–3:30pm	Thu., Aug. 20, 12–3:30pm
Thu. April 9, 12–3:30pm	Thu., Oct. 15, 12–3:30pm

SEWARD
Class: Civic Center, 616 Bradford St.

Mail registration: Seward County Extension, 123 S. 9th St., Seward, NE 68434

Ginny Koranda • 402-643-2981 • gkoranda2@unl.edu

Thu., Feb. 12, 1–4:30pm	Thu., Aug. 20, 1–4:30pm
Thu. April 9, 1–4:30pm	Thu., Oct. 15, 1–4:30pm
Thu. Jun. 11, 1–4:30pm	Thu. Dec. 17, 1–4:30pm

2015 On-Site Class Registration

Class location: ☐ Broken Bow ☐ Columbus ☐ Grand Island
☐ Holdrege ☐ Kearney ☐ Lincoln
☐ Mullen ☐ Norfolk ☐ Scottsbluff
☐ Seward

Class date attending _____

Name _____

Address _____

City, zip code _____

Day phone # _____

Second phone # _____

Email address _____

Birth date (required) _____

Name of other parent _____

Check all that apply: ☐ low conflict ☐ high conflict
☐ protection order for child or adult

Children’s ages _____

District Court case filed in (county) _____

Case Number _____

☐ Necesite un Interprete

Make check for \$50 payable to “University of Nebraska–Lincoln” and mail or email (use contact info for class location — see left).