

Nebraska Resources: Legal, Support Services and Domestic Violence

For Parents Experiencing Divorce and/or Custody Issues

Compiled by Nebraska Extension

For additional resources, check the Internet or phone book

LEGAL RESOURCES

STATE OF NEBRASKA JUDICIAL BRANCH

Divorce, Parenting and Support Information	http://supremecourt.ne.gov/11632/divorce-parenting-and-support
Parenting Plan, Sample Parent Created	http://supremecourt.ne.gov/sites/court.cdc.nol.org/files/forms/DC-6-5-6.pdf

OTHER RESOURCES

Legal Aid of Nebraska	Offices located in Bancroft, Grand Island, Lexington, Lincoln, Norfolk, North Platte, Omaha and Scottsbluff 1-877-250-2016 (Statewide)	www.legalaidofnebraska.com
Nebraska Department of Health and Human Services – Child Support Enforcement	P.O. Box 826006 Lincoln, NE 68501 402-441-8715 (Lincoln) 1-877-631-9973 (Statewide)	www.nebraskachildsupport.com
Disability Rights Nebraska	134 South 13th Street, Suite 600 Lincoln NE 68508 402-474-3183 (Lincoln) 1-800-422-6691 (Statewide)	www.disabilityrightsnebraska.org

Print additional copies at www.extension.unl.edu/divorce. Updated December 2014. List is updated annually. Forward suggestions to Extension Educator Maureen Burson, Nebraska Extension in Lancaster County, 444 Cherrycreek Road, Suite A, Lincoln, NE 68528; 402-441-7180; email mburson1@unl.edu.

Nebraska Extension's "Co-Parenting for Successful Kids" is a research-based education class designed to help separating and divorcing parents cope with divorce and custody.

ON-SITE class information at www.extension.unl.edu/divorce

ONLINE classes available at <http://go.unl.edu/coparenting>
or call 855-308-8037 (toll-free) or email parenting@unl.edu



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SUPPORT SERVICES

Nebraska 2-1-1 Information and Referral System <i>Dial 2-1-1 to find available services in your community. It's a FREE call, available 24/7.</i>	Call 211 or 402-444-6666	www.uwmidlands.org/211
Nebraska Resource and Referral System – Answers4Families <i>Nebraska's support and information connection for families and professionals seeking assistance. Includes licensed childcare professionals.</i>	1-800-746-8420	www.answers4families.org
Nebraska Department of Health and Human Services – Nebraska Family Helpline <i>Connects Nebraska families to the help they need when dealing with their children's behavioral problems and mental health issues.</i>	1-888-866-8660 <i>Trained counselors 24/7/365</i> 1-888-556-5117 for the hearing and speech impaired with TTY equipment	www.nebraskafamilyhelpline.ne.gov
Nebraska Department of Health and Human Services – Access Nebraska – Public Assistance	Offices in Gering, Grand Island, Lincoln, Norfolk and Omaha 1-800-383-4278 Economic assistance 1-855-632-7633 Medical eligibility	www.accessnebraska.ne.gov
Nebraska Department of Labor – Employment Services	Career Centers in Alliance, Beatrice, Columbus, Grand Island, Hastings, Lexington, Lincoln, Nebraska City, Norfolk, North Platte, Omaha, Scottsbluff and York 402-471-9000	www.dol.nebraska.gov
Consumer Credit Counseling Service of Nebraska, Inc. <i>Delivers professional consumer credit education, confidential counseling and debt management.</i>	809 North 96th Street, Suite 100 Omaha, NE 68114 402-333-2227 (Omaha) 1-877-494-2227 (Statewide)	www.cccsn.org

DOMESTIC VIOLENCE RESOURCES

Nebraska's Network of Domestic Violence and Sexual Assault Programs <i>Over 20 agencies throughout Nebraska who provide direct services</i>		www.nebraskacoalition.org/get_help
Nebraska Coalition to End Sexual and Domestic Violence	402-476-6256	www.nebraskacoalition.org <i>Personal Safety Plan – a checklist for living free from intimate partner violence: www.nebraskacoalition.org/get_help/safety_plan.html</i>
Línea de Crisis en Nebraska (en Español) (Spanish)	1-877-215-0167	
Nebraska Department of Health and Human Services – Domestic Violence	402-471-9272	http://dhhs.ne.gov/children_family_services/Pages/nea_domestic.aspx
Nebraska Online Legal Self-Help Center – Protection and Abuse		http://supremecourt.ne.gov/self-help/7228/protection-abuse
NATIONAL HELPLINE NUMBERS		
National Domestic Violence Hotline	1-800-799-7233 24-hour 1-800-787-3224 TTY	www.thehotline.org
RAINN (Rape, Abuse, Incest National Network)	1-800-656-HOPE (4673) 24-hour National Sexual Assault Hotline	www.rainn.org
National Teen Dating Abuse Helpline	1-866-331-9474 24-hour or text "loveis" to 22522	www.loveisrespect.org