

**Relationship Realignment**

<b>What Might this Baby Need?</b>	<b>How Could You Help This Baby?</b>
<p>I am unable to establish a day and night pattern so I keep my parents awake at night and sleep a lot during the day.</p>	
<p>I have frequent separation anxiety when my familiar persons try to leave me.</p>	
<p>I have stranger anxiety when anyone I am not familiar with comes near me.</p>	
<p>I bite people that I love and the other children that I am around.</p>	
<p>I am resistant to most anything asked of me and say “no” to almost any request.</p>	
<p>I am having frequent tantrums when I feel that I am not going to be able to have or do what I want.</p>	