

Rock Solid Foundations: Promoting the Social Emotional Competence of Young Children
Train the Trainer Attendance Waiver Form

The following are criteria for a state trainer to be exempt from attending the 16-hour train the trainer Rock Solid Foundations Training offered by CYTTAP Educator in the state.

- ✓ Identified as project trainer by state CYTTAP team (MCCL and Extension Educator)
- ✓ Completed a train the trainer CSEFEL training
 - Submit to CYTTAP Extension Education the following:
 - Date trained
 - Who provided training
 - Local State Trainer or National CSEFEL Trainer
- ✓ Received content training on foundational framework of the Pyramid Model
 - CSEFEL Framework: Rationale, Research, and Practice
 - Pyramid Model
 - Foundations of Social-Emotional Development and Relationships
- ✓ Received content training on at least Modules 1 and 2 for infants, toddlers and preschoolers (see following page for a list of primary topic areas)
- ✓ Attended and or conducted a CSEFEL focused training(s) within the past five years

Once it has been determined that the above criteria has been met and the trainer is exempt from the train the trainer workshop, he or she will be asked to attend a mandatory informational call or webinar offered by UNL and/or CYTTAP state team to discuss training protocol, expectations and materials.

Modules 1 and 2 Training Segments and Topics

Module 1 – Relationships and Environment

Part 1 Relationships

Section 1 -- Overview

- a. Introductions
- b. Pyramid review
- c. Definitions, research and rationale

Section 2 – Social Emotional Development and Relationships

Section 3 – Attachment

Section 4 -- Building relationships children

Section 5 – Temperament, self- regulation and stress

Section 6 – Social/Emotional Context within the family

Part 2 Environments

Section 1 -- Responsive Routines and Schedules

Section 2 – Transitions

Section 3 -- Well designed environments

- a. Physical environment
- b. Planning engaging group activities
- c. Giving directions
- d. General guidelines about rules and expectations:
- e. Ongoing monitoring and positive attention
- f. Using positive feedback and encouragement

Module 2 Teaching Strategies to support Social and Emotional Development

Part 1 -- Overview and introduction and review of Module 1:

Part 2 -- Careful observation

Part 3 -- Emotional literacy

Part 4 – Friendship Skills

Part 5– Development of Play Skills

Part 6 – Controlling Anger and Managing Disappointment

Part 7 -- Emotional regulation and problem solving: