IMIL Materials by Workshop

General
Flip charts - (2-4)
Markers
Paper
Pencils
Crepe paper streamers (4 colors)
Name tags
Table Tents (card stock works best)
Tape
Scissors

Opportunity Knocks
No equipment

Birth to Five
Crepe paper
Paper Plates
Sea Squirt example
Various sizes of cups or glasses
Tape

Cultural Horizons
Value signs – (1 value per sign)
3x5 cards

Engaging Staff and Families
No equipment

Child Assessment
Soft balls for tossing (1 for every 3 people)

Making the Most of Your Music
No equipment

Body Language
Colorful scarves (1 per participant)
Paper plates (1 per participant)

Moving with the Brain in Mind
Mechanics rags or wash cloth type (1 for every 2-3 people)
Glass
Rhythm sticks (PVC pipe), shaker eggs, maracas (1 item per person)

Nutrition Building Blocks
Bed sheet or parachute
Foam or stuffed fruit and veggie items in yellow, red, and green
Glass
Sugar
MVPA Everyday
Napkins – four different colors
Colorful scarves – 1 per participant
Yarn – several colors
The Squiggles and the Food for Thought books
Animal bean bags or small stuffed animals
Soft balls

Activities for All
Hula hoops if available
Paper plates – as flowers and lily pads

Move, Play and Learn at Home
Cardboard boxes (2 or 3)
Paper grocery sacks (2 or 3)
Sock balls (2 or 3)
Paper towel or gift wrap rolls (2 or 3)
Beach towel or sheet
2 chairs

Take it Outside
Paper Plates (3 to 4)
Beach Ball (1 to 2)
Pool noodles or snakes
Scarves
Hula Hoops