

IMIL Materials by Workshop

General

Flip charts - (2-4)
Markers
Paper
Pencils
Crepe paper streamers (4 colors)
Name tags
Table Tents (card stock works best)
Tape
Scissors

Opportunity Knocks

No equipment

Birth to Five

Crepe paper
Paper Plates
Sea Squirt example
Various sizes of cups or glasses
Tape

Cultural Horizons

Value signs – (1 value per sign)
3x5 cards

Engaging Staff and Families

No equipment

Child Assessment

Soft balls for tossing (1 for every 3 people)

Making the Most of Your Music

No equipment

Body Language

Colorful scarves (1 per participant)
Paper plates (1 per participant)

Moving with the Brain in Mind

Mechanics rags or wash cloth type (1 for every 2-3 people)
Glass
Rhythm sticks (PVC pipe), shaker eggs, maracas (1 item per person)

Nutrition Building Blocks

Bed sheet or parachute
Foam or stuffed fruit and veggie items in yellow, red, and green
Glass
Sugar

MVPA Everyday

Napkins – four different colors
Colorful scarves – 1 per participant
Yarn – several colors
The Squiggles and the Food for Thought books
Animal bean bags or small stuffed animals
Soft balls

Activities for All

Hula hoops if available
Paper plates – as flowers and lily pads

Move, Play and Learn at Home

Cardboard boxes (2 or 3)
Paper grocery sacks (2 or 3)
Sock balls (2 or 3)
Paper towel or gift wrap rolls (2 or 3)
Beach towel or sheet
2 chairs

Take it Outside

Paper Plates (3 to 4)
Beach Ball (1 to 2)
Pool noodles or snakes
Scarves
Hula Hoops

