



## Rock Solid Foundations: Promoting Social and Emotional Competence of Young Children\*

**What is Rock Solid:** Want the children in your care to get along with others, feel secure, and be confident, engaged learners? This workshop teaches skills to care providers so they can enhance the social emotional development of young children. Learn ways to promote children’s success through:

- Positive relationships with children, families, and colleagues.
- Supportive environments where EVERY child feels good about learning.
- Intentional teaching of social-emotional skills that help children manage expectations and routines and reduce challenging behaviors.

**Who should attend:** child care providers, center directors, teachers, staff, family providers especially those providers serving off installation military families

**Why we are offering:** When caregivers support social emotional wellness in the context of family, community and culture, children can be successful in school and in life. A child who is socially and emotionally healthy is: confident, empathetic, secure, and gets along with others.

**Goals:**

1. Promote young children’s social and emotional development by teaching strategies for managing emotions, relating to peers and adults and feeling good about self.
2. Create supportive and responsive environments.
3. Establish nurturing and trusting relationships with young children.

To register go to: <http://extension.psu.edu/cyttap>

Workshop Name & Description:

  
  

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Location: \_\_\_\_\_

Fee: \_\_\_\_\_

Contact: \_\_\_\_\_

\*\*This training utilizes The Pyramid Model, research based strategies and resources from the Center on Social and Emotional Foundations of Early Learning (CSEFEL), focusing on the social emotional development and school readiness of young children.