



Rock Solid Foundations: Promoting Social Emotional Competence of Young Children*

Title	Training Description
Train the Trainer <i>16 hours</i>	This training will help you become ‘rock solid’ on training strategies, resources and ways to enhance child care providers’ understanding of how to support young children’s social and emotional development and school readiness.
Direct Care Provider Training <i>6 hours</i>	Want the children in your care to get along with others, feel secure, and be confident, engaged learners? This 6 hour interactive training will teach you strategies for enhancing the social emotional growth, competency and success of the young children in their care.
Building Positive Relationships <i>2 hours</i>	This interactive training will invite you to consider ways to build positive, nurturing, responsive and dependable relationships with the young children.
Responsive Environments & Routines <i>2 hours</i>	Have you taken a close look at the environments and routines you’ve created for young children? This engaging training will provide specific strategies and resources on how to design a responsive environment that promotes children's social and emotional growth.
Enhancing Emotional Literacy <i>2 hours</i>	It's time to explore the true value of emotional literacy in supporting young children's emotional development! This training will increase your awareness of the kinds of interactions between adults and young children that support enhancing children’s emotional competency.
Friendship and Play Skills <i>2 hours</i>	Did you know that when children are successful at making friends, they have opportunities to learn and practice many social skills such as cooperation, sharing, turn taking, problem solving, and conflict resolution? This training explores how you could help set the stage for friendship.

**These trainings utilizes The Pyramid Model, research based strategies and resources from the Center on the Social and Emotional Foundations of Early Learning (CSEFEL), focusing on the social emotional development and school readiness of young children.*