



Penn State **Extension**

BETTER · KID · CARE

Resources on Caring for Infants and Toddlers

Better Kid Care offers online learning modules and video vodcasts for professionals who care for and teach infants and toddlers. Our resources are available anytime you are ready to learn!

Modules include:

- Childhood Obesity Prevention: LMCC – Support Infant Feeding
- Creating Special Moments with Infants and Toddlers
- Giving Your Best: Making Secure Attachments
- Infant-Toddler Care Series (11 modules, including:)
 - Infant-Toddler Care: Guiding Behavior
 - Infant-Toddler Care: Healthy Spaces
 - Infant-Toddler Care: Partnerships with Families
 - Infant-Toddler Care: Physical and Cognitive Development
- Rock Solid: Building Positive Relationships, Birth – 3 years, Parts 1 and 2
- Rock Solid: Enhancing Emotional Literacy: Birth – 3 years
- What Does Brain Research Tell Us about Infant Care

Try this module & receive your certificate for FREE!
Safe Sleep Practices for Caregivers: Reduce the Risk of SUID

Access Better Kid Care's On Demand online professional development system to:

- Create a free account
- Read the research-based lesson content
- Watch videos highlighting best practices
- Complete reflection activities
- Take the assessment
- Print your certificate of completion (\$5/module certificate fee)

Better Kid Care online modules are approved for professional development in most states. Check for approval of modules in your state: <http://tinyurl.com/bkc-states>

Video Vodcasts

Healthy Practices: Diapering 101

Healthy Practices: Changing Pull-ups
and Soiled Underwear



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